

Self-Referral to Outpatient Physiotherapy at Whittington Moor Surgery

Do you have muscle, nerve or joint pain?

Physiotherapy can be very helpful for pain from joints such as backs, shoulders and knees as well as recent strains and sprains

We have clinical specialists who can assess and help manage your pain or injury

**You can now directly refer yourself to Physiotherapy at your
Whittington Moor GP Surgery**

No need to see your Doctor first

Please call us on **01246 512173** or go to

www.chesterfieldroyal.nhs.uk/physiotherapy
to self-refer to us

Telephone Hours: Mon-Fri: 8.30 – 4.30pm