

Whittington Moor Surgery

Summer 2014

During opening hours telephone **01246 456938**.
Out Of Hours call **111**.
Reception is open **8am until 6:30pm** Monday to Friday except on Bank Holidays and on training days.

IMPORTANT NOTICE

WE NEVER DIVULGE ANY OF YOUR PERSONAL INFORMATION TO COMPANIES - MEDICAL OR OTHERWISE ... IF ANYONE CONTACTS YOU SAYING WE HAVE GIVEN THEM THIS INFORMATION PLEASE CONTACT US .

Extended hours

We now offer early morning blood tests from 7am on some Wednesdays, and Practice Nurse appointments on one Saturday per month.

Flu Clinic

Whittington Moor Methodist Church Hall

Saturday 27th September 2014

If you wish to be vaccinated against the flu, and are eligible you will need to collect a slip with an appointment time on from reception, these are available now. We will not be posting out reminders, but we will be advertising the flu clinic in surgery, on repeat prescriptions and the website.



ELECTRONIC PRESCRIPTIONS

If you collect your repeat prescription you no longer have to go to the surgery to pick up your paper prescription. Instead you can nominate a pharmacy to have it sent electronically, saving you time. Your medication can be dispensed and ready for you to collect from your pharmacy. The way you order your repeat prescription remains the same but you no longer need to come to surgery to collect it. Paper prescriptions are still available if you prefer these.

WE CANNOT ACCEPT REQUESTS FOR PRESCRIPTIONS OVER THE TELEPHONE FOR SAFETY AND CONFIDENTIALITY REASONS. If you require anymore information please speak to the Prescription Clerks or your Pharmacy.

Waist Wise Weight Loss Service

Waist Wise are doing a presentation at the surgery on **Monday, 15th September from 6.30pm-7.30pm**. They will discuss the waist wise service, healthy eating and portion sizes. There will also be an opportunity to ask questions. If interested please book your place with reception.



We will be closed for staff training from 1:30pm on the following Wednesday afternoons: 20th August, 17th September, 15th October and 19th November

THE SHINGLES VACCINE - This is now being offered to people in the age ranges below. To have the shingles vaccination please contact the surgery to make an appointment with the nurse.

70yr old—DOB 02.09.1943—01.09.1944

78yr old—DOB 02.09.1935—01.09.1936

79yr old—DOB 02.09.1934—01.09.1935

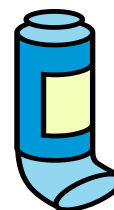


HPV (cervical cancer vaccine)

Available from 1st September for Year 8 (12-13yr) girls, it is now a 2 dose schedule; information for parents from end of August from www.hpwise.co.uk. Invites will be sent from the practice for eligible girls.

MEDICATION INFORMATION

Patients can take inhalers (any brand) to Tesco or Boots Pharmacies in Chesterfield for recycling.



APPOINTMENTS: Please cancel your appointment if you cannot attend, the earlier the better, we may be able to offer the slot to another patient. If you are going to be late for your appointment please try to inform us so we can tell the GP/Clinician, on some occasions you may have to rebook if you are late.



Introducing our New Partners Dr Becky Taylor & Dr Kim Cooke

Dr Becky Taylor— “I am 46 years old and have been a GP in Sheffield since 1997. I moved from Sheffield into the Hope Valley with my husband and golden Labrador 5 years ago, and have now moved to work in Derbyshire. I enjoy many outdoor activities including cycling and walking. I enjoy all aspects of General Practice especially looking after those who are advancing in years, patients with long term health problems such as heart disease, diabetes etc. I also have an interest in women’s health and contraception. I am looking forward to joining everyone at Whittington Moor and getting to know many of you.”

Dr Kim Cooke — “I am a 50 year old mother of four children aged 16-21. I’m very pleased to be joining your excellent surgery. Previously I have worked in Tideswell for 8 years. As it was a small surgery I am used to dealing with all aspects of general practice. I am looking forward to working at Whittington Moor, which has such a large and well organised team. When not working or trying to make my children tidy their rooms, I like to run (slowly unless I know someone is watching me) cycle (also slowly and preferably not uphill) and swim.

GOODBYES

Dr Gbandi left us on the 8th August, she will be continuing her training at another practice. We also said goodbye to Sara and Carol, Practice Nurse’s who both left in August for new pastures. We are currently recruiting to replace them.

Patient Participation Group (PPG) Chairman: Mr Tony Cox Secretary: Hilary Hicklin
YOUR SURGERY NEEDS YOU— THE PPG MEET 4 TIMES A YEAR SO IT IS NOT A BIG TIME COMMITMENT. See notices in surgery or our website for more information
www.whittingtonmoorsurgery.co.uk/ppg.htm. **Or just turn up: meetings are held in the surgery, see the advert for the Waist Wise meeting, or Monday 20 October 6:30pm.**