



## Derbyshire Dementia Support Service COVID-19 Update

The Derbyshire Dementia Support Service is [HERE](#) to support people living with dementia and their carers during the COVID-19 crisis.

### Support the service can offer:

- We can support people to seek and develop coping strategies to help them deal with additional pressures as a result of the Coronavirus outbreak.
- Whilst we have temporarily suspended home visits and community-based groups, we continue to support people over the phone, via email and virtually.
- We help people living with dementia to cope with isolation, loneliness and to feel safe.
- We support carers to access respite, discuss dementia specific strategies to support them to understand behaviours and explore alternative approaches which help them in their caring role.
- We provide welfare calls to active service users to determine the level of support people may need and to establish the level of risk in coping with the coronavirus.
- We provide companion calls for people who are in receipt of our service, these calls are provided by volunteers; they do not involve assessments, they are purely informal friendly conversations aimed at reducing isolation.
- We deliver **virtual** Singing for the Brain, Dementia cafés, and carers support across Derbyshire.



### What do I need to know before I call Derbyshire Dementia Support Service?

- Anyone who is worried about their memory or have a diagnosis of any type of Dementia can refer into the service.
- Anyone who is seeking information and advice for themselves or others can contact the service
- Carers supporting people living with dementia can be referred for support in their own right.

### How to refer:

Contact Telephone number: **01332 208845**

Email: [derbyshire@alzheimers.org.uk](mailto:derbyshire@alzheimers.org.uk)

### The Alzheimer's Society is providing the following services nationally:

- National help line Hub: Dementia Connect support line (**0333 150 3456**) is open from 9am-8pm Monday-Wednesday, 9am-5pm Thursday-Friday and 10am-4pm at the weekend). [www.alzheimers.org.uk/dementiacconnect](http://www.alzheimers.org.uk/dementiacconnect)
- Talking Point: Society's online support community and discussion forum for anyone affected by dementia. [www.alzheimers.org.uk/get-support/dementia-talking-point-our-online-community](http://www.alzheimers.org.uk/get-support/dementia-talking-point-our-online-community)
- Dementia Directory: A comprehensive, easy to use online support services directory. [www.alzheimers.org.uk/find-support-near-you](http://www.alzheimers.org.uk/find-support-near-you)

